

## VITA

---

First name: Kathrin

Surname: Mörtl

Title: Univ.-Prof. Priv.-Doz. Dr.

Date of birth: 24. 07. 1981

Address: Freudplatz 1, 1020 Vienna

E-Mail: kathrin.moertl@sfu.ac.at

ORCID: <https://orcid.org/0000-0002-4328-6331>

### Current professional activity

Full professor (Univ.-Prof.) at the Sigmund Freud Private University Vienna, psychotherapist (psychoanalytic-psychodynamic therapy) in private practice

### Education:

---

- Matura at the Ingeborg Bachmann Gymnasium, Klagenfurt
- Studied psychology at the University of Graz and the University of Klagenfurt (Mag. phil. degree)
- Studied English and American Studies at the University of Klagenfurt (no degree)
- Doctoral studies at the University Clinic for Psychotherapeutic Medicine and Psychotherapy Ulm, Germany (degree Dr. biol. hum.)
- Further training in the field of psychological diagnostics (SIAB, SCID)
- Psychotherapy training (psychoanalysis) at the Psychoanalytic Seminar Innsbruck (graduation and registration in the Austrian Psychotherapist List)

#### Professional career:

---

- Chairwoman of the Psychology Department Representation of the Austrian Student Union at the University of Klagenfurt
- Teaching assistant at the Department of Clinical Psychology, Psychotherapy and Psychoanalysis at the University of Klagenfurt
- Research assistant at the University Clinic for Psychotherapeutic Medicine and Psychotherapy Ulm (with teaching assignment in the medical studies program)
- Post-doctoral fellow of the German Research Foundation (DFG funding number: 160013207) at York University, Toronto, Canada
- Research assistant at the Faculty of Psychotherapy Science at the Sigmund Freud Private University (with teaching assignments in the study of psychotherapy science in Vienna, Linz and Paris, and in the study of medicine in Vienna); in the course of many years of employment, various management activities (research coordination in the International Program, Vice Dean for Research, Head of the Institutes for Qualitative Psychotherapy Research and Psychosomatics, member of the Reaccreditation Steering Group, member of the Ethics Committee)
- Psychotherapeutic work at institutions (Psychotherapeutic Outpatient Clinic of the Sigmund Freud Private University, Donauespital Vienna/SMZ-Ost) and in private practice (psychoanalysis)
- Received Associate Professorship at the Faculty of Psychotherapy Science of the Sigmund Freud Private University
- Received Habilitation (Venia Legendi) in Psychotherapy Science and Qualitative Research at the Sigmund Freud Private University
- Since 2007, external teaching assignments, including at the University of Klagenfurt (Master's degree program), the Austrian Association for Systemic Therapies (ÖAS, specialist course), the Association of Austrian Psychotherapists (VÖPP, continuing education) and the ARGE Bildungsmanagement Vienna (propaedeutic course); lecturing and workshop activities at academic institutions in Austria, Germany, Switzerland and Canada
- Received University Professorship for Psychoanalytic Psychotherapy Research at the Faculty of Psychotherapy Science of the Sigmund Freud Private University

#### Main research areas:

---

- Biographies and narrative analyses
- Corrective experiences
- Psychoanalytic psychotherapy research
- Psychosomatics

## Publications: (selection)

- Schiller, B., Kuska, M., Becher-Urbaniak, S., Wimmer, E., Reisinger, M., & Mörtl, K. (2024). Online psychotherapy as a first clinical experience during the Covid-19 pandemic: A new generation of psychotherapists in the digital age. *Heliyon*, 10, e29464. doi: 10.1016/j.heliyon.2024.e29464
- Rothermund, E., Pößnecker, T., Antes, A., Kilian, R., Kessemeier, F., Von Wietersheim, J., Mayer, D., Rieger, M. A., Gündel, H., Hölzer, M., Balint, E. M., & Mörtl, K. (2022). Conceptual Framework of a Psychotherapeutic Consultation in the Workplace: A Qualitative Study. *International Journal of Environmental Research and Public Health*, 19(22), 14894. doi: 10.3390/ijerph192214894 (IF: 4.799)
- Schiller, B., Neuhold, K., David, H., & Mörtl, K. (2022). Schreiben als SELBSTstärkender Identitätsausdruck - der FIT FOR LIFE-Literaturwettbewerb. *Grüner Kreis Magazin – Wege aus der Sucht*, 122, 36-38.
- Henn, K., Thurn, L., Himmel, R., Mörtl, K., Fegert, J., & Ziegenhain, U. (2022). Die Sicht von Schülerinnen und Schülern mit Schulbegleitung auf ihre soziale Situation: „Mit meiner Klasse ist es wie mit 'ner Ehe. Irgendwann funktioniert“. *Zeitschrift für Pädagogik* 2, 408-428. doi: <https://doi.org/10.3262/ZP2203408>  
IF [Scopus 4y] 2021: 0.412
- Mihalits, D. S., Schiller, B., Barrech, A., Riedel, N., Li, J., Angerer, P., Gündel, H., & Mörtl, K. (2021). The Flipside of Work Engagement: A Qualitative Evaluation of a Stress Management Intervention in the Workplace. *Human Arenas*. doi: <https://doi.org/10.1007/s42087-021-00209-y>
- Wimmer, E., Dragic, I., Giri, H., Tilkidzhieva, E., Schiller, B., Wagner, I., & Mörtl, K. (2021). Körper im Kontext. *Contemporary Perspectives on Psychosomatics*. Wien: facultas.
- Tilkidzhieva, E., Gelo, O. C. G., Gullo, S., Orlinsky, D. E., Mörtl, K., & Fiegl, J. (2019). Self-concept of Relational Skills in Psychotherapy Trainees: A Pilot Study. *Counselling and Psychotherapy Research* 19(3), 1-10. doi: 10.1002/capr.12217  
IF [Scopus 4y] 2019: 0.949
- Barrech, A., Riedel, N., Li, J., Herr, R., Mörtl, K., Angerer, P., & Gündel, H. (2017). The Long-term Impact of a Change in Effort-Reward Imbalance on Mental Health – Results from the Prospective MAN-GO Study. *European Journal of Public Health* 27(6), 1021-1026. doi: 10.1093/eurpub/ckx068  
IF [Scopus 4y] 2017: 2.663
- Katthra, J., Angus, L., Westra, H., Macaulay, C., Mörtl, K., & Constantino, M. (2017). Client Perceptions of Corrective Experiences in Cognitive Behavioral Therapy and Motivational Interviewing for Generalized Anxiety Disorder: An Exploratory Pilot Study. *Journal of Psychotherapy Integration* 27(1), 23-34. doi: 10.1037/int0000053

- Moertl, K., Giri, H., Angus, L., & Constantino, M. (2017). Corrective Experiences of Psychotherapists in Training. *Journal of Clinical Psychology* 73(2), 182-191. doi: 10.1002/jclp.22431  
IF [Scopus 4y] 2017: 3.292
- Moertl, K. (2016). Stellung nehmen. Die Notwendigkeit zum Unruhe stiften im angepassten Wissenschaftsbetrieb. [Online Publikation im Vortragsband „Paul Parin (1916-2009): Ein Jahrhundert leben – Individuum, Gesellschaft, Psychoanalyse“]. Studio und Archiv Paul Parin und Goldy Parin-Matthèy: <http://paul-parin.info/archiv/texte/texte-der-tagung-paul-parin>.
- Mörtl, K., & Gelo, O. (2015). Qualitative Methods in Psychotherapy Process Research. In: O. Gelo, B. Rieken, A. Pritz (Hrsg.): *Psychotherapy Research* (pp. 381-428). Wien: Springer Verlag.
- Mörtl, K. (2012). Was leistet der Begriff »qualitative Forschung« für die Entwicklung junger Psychotherapie-Wissenschaftlerinnen und Wissenschaftler noch? *Psychotherapie und Sozialwissenschaft* 14(2), 5-13.
- Buchholz M.B., Lamott F., & Mörtl K. (2008). *Tat-Sachen. Narrative von Sexualstraftätern*. Gießen: Psychosozial Verlag.
- Moertl K., & Wietersheim J. (2008). Client Experiences of Helpful Factors in a Day Treatment Program. *Psychotherapy Research* 18(3), 281-293. Publiziert zur IF [Scopus 2y] 2008: 2.092

10.01.2025, Kathrin Mörtl